

# Activity Pack



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# Kindness

This Activity Pack contains lots of fun ideas to help families explore the theme of **kindness** from the Cheeky Pandas episode "The Lost Voice". Find out what the Bible has to say about **kindness**, talk about how and when you can show **kindness** and have fun making things to remind you that God wants us to be **kind**.

You can watch the Cheeky Pandas episode "The Lost Voice" on [cheekypandas.com](http://cheekypandas.com)

For more Cheeky Pandas fun, head to [RaiseUPfaith.com](http://RaiseUPfaith.com) You'll find lesson plans (including even more activities and games) for churches to use in children's ministry, as well as collective worship sessions, perfect for primary schools.



# It's in the Bible!

**"I will tell about the Lord's kindness. And I will praise him for what he has done." Isaiah 63:7 (ICB)**

## Let's chat!

**How have people been kind to you?**

**Do you remember a time when you have been kind to someone?**

**Which part of the video teaches you about kindness?**

## Let's look!

**Each word of the memory verse is in the word search below. Can you find them all?**

|   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|
| S | L | L | I | W | K | T | L |
| E | S | T | U | O | B | A | O |
| H | H | E | F | E | R | H | R |
| T | I | D | N | A | N | W | D |
| L | L | I | W | D | A | O | S |
| L | H | A | S | F | N | J | D |
| E | O | W | O | B | M | I | H |
| T | P | R | A | I | S | E | K |



# Food Challenge



**Today we are making Double Decker Sandwich**

**You will need:**

**3 slices of bread**  
**Several sandwich fillings like: Cheese, ham, butter, lettuce, turkey, bacon, humous, cucumber etc**

- 1. Butter a slice of bread and layer on your first sandwich fillings.**
- 2. Butter the second layer of bread and lay face down on top of your sandwich.**
- 3. It should look like a nice sandwich now, but you are going to carry on making your double decker sandwich by buttering the top of the bread and layering on your final lot of sandwich fillings.**
- 4. Finally, butter your final piece of bread and lay it on the top to finish the best double decker sandwich in the world!**

**How much do you love your Double Decker Sandwich?**  
**Colour in the hearts to give your sandwich a score out of 5!**



## Prayer Points

**Pray for world leaders to be kind in the way they govern their countries.**

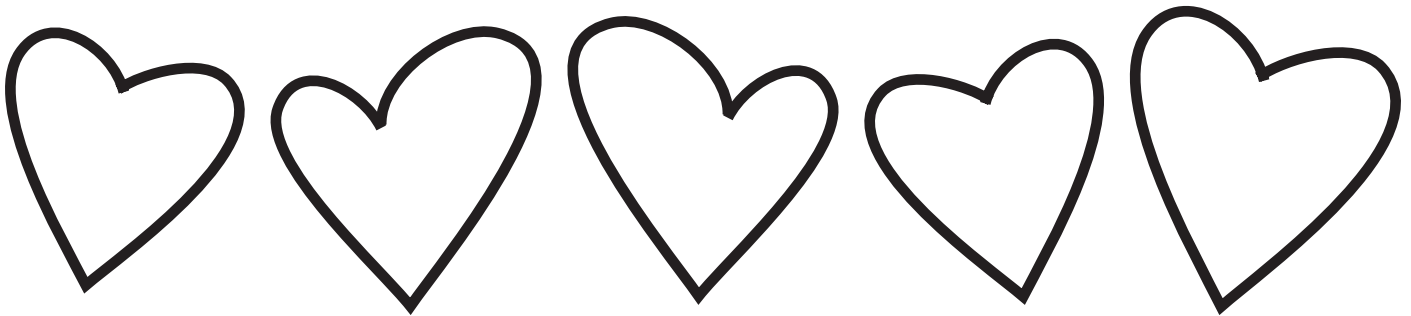
**Pray for your kind acts to impact others so they may know God's love.**

# Let's Pray!



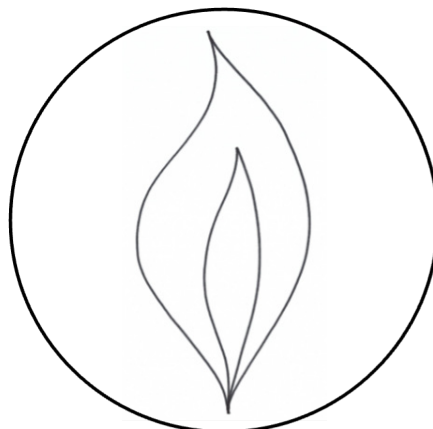
**Dear God, thank you that you are so kind to me. Please fill me with your kindness so I can show other people kind words and actions. Amen**

**God teaches that love is patient and love is kind, write a name in each of the hearts of 5 people that you want to pray that they know the love of God in their hearts.**

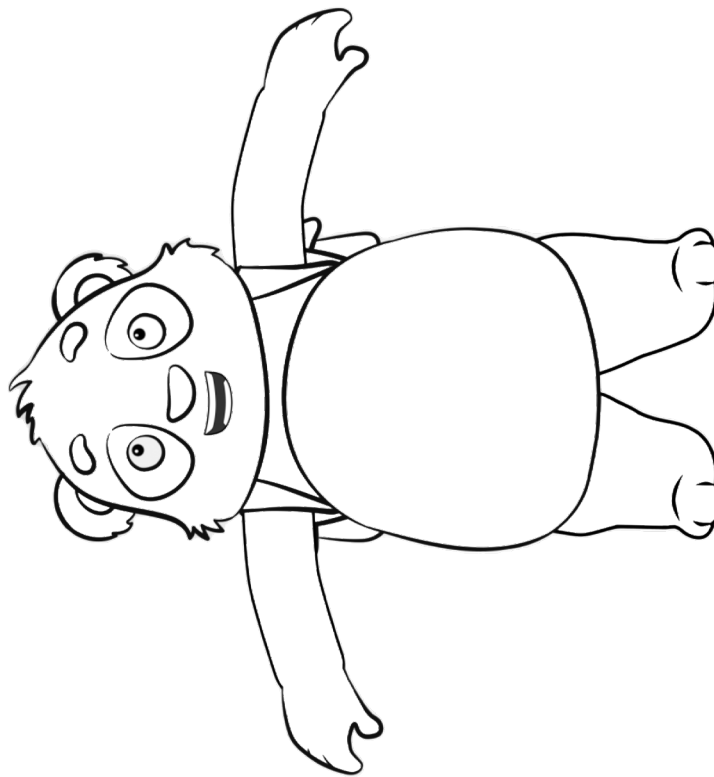


# Let's make

**Kind acts are like a candle. You light a candle with a small flame but the impact of it can spread very far. Make a candle today from a cardboard tube. Decorate it with bright paints or pens. Cut two small slits each side of the top of the tube. Colour and cut out this circle with the flame inside. Slot it into the two slits on your tube so it finishes off your Kindness Candle. Put it in a place that will remind you to be kind and that the impact of your kindness will shine much brighter and further than the act itself.**



Here is a card template. Can you cut it out, colour it and send it to someone with a kind message?



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